



Internship Opportunity : Wellness & Corporate Health Services

Wake Forest University Baptist Medical Center; Winston-Salem, NC

Focus: Health Promotion - Worksite Wellness

About Us: Wellness & Corporate Health Services specializes in corporate wellness programs for businesses across the Piedmont Triad. Currently, we work with over 80 companies to provide some level of onsite service. www.wfubmc.edu/chs

Location: Located in Winston-Salem, NC, Wake Forest University Baptist Medical Center is one of the nation's preeminent academic medical centers. Wellness & Corporate Health Services is a department within NC Baptist Hospital. We provide services externally to area worksites and community agencies when needed.

Intern Job Description: Wellness & Corporate Health Services at Wake Forest University Baptist Medical Center offers a comprehensive internship opportunity to qualified undergraduate and graduate students seeking hands-on experience in the areas of worksite health promotion.

Internship Opportunities: In addition to practical "on-the-job" training, our interns experience a variety of aspects within worksite health promotion. Opportunities include:

- Participate / assist with program planning, worksite wellness, data collection, community screenings, health fair planning and presentations
- Become familiar with computerized health risk appraisal program and software.
- Develop and instruct educational programs, as requested.
- Become familiar with the use of the Cholestech Lipid Analyzer and Glucometers
- Become proficient with use of Blood Pressure machines and other screening procedures.
- Update health resource library.
- Various aspects of marketing

Qualifications: Individual must be in a health promotion, health education, exercise science, or nutrition degree-seeking program. Candidates should be dedicated, professional and possess great people skills.

Availability: Continuous (all semesters)

Compensation: Lunches and Gym Membership

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